

The Top 35 Reasons Why You Should Thank a Union

1. Weekends

2. All breaks at work, including your lunch break



3. Paid vacation

4. Family Medical Leave Act (FMLA)

5. Sick Leave



6. Social Security

7. Minimum Wage

8. Civil Right Act/ Title VII (prohibits employer discrimination)

9. 8 hour work day

10. Overtime pay

11. Child labor laws

12. Occupational Safety and Health Act

13. 40 hour work week

14. Worker's Compensation

15. Unemployment Insurance

16. Pensions

17. Workplace Safety Standards & Regulations

18. Holiday Pay



19. Americans with Disabilities Act (ADA)

20. Privacy Rights

21. Collective Bargaining Rights

22. Wrongful Termination Laws

23. Employee Polygraph Protect Act (prohibits employer from using lie detector test on employees)

24. Veterans Employment & Training Service (VETS)

25. Raises

26. Sexual Harassment Laws

27. 1967 Age Discrimination in Employment Act

28. Employer Health Care Insurance

29. Employee Dental, Life, & Vision Insurance

30. Whistleblower Protection Laws

31. Pregnancy and Parental Leave

32. Public education for children

33. Military Leave

34. Equal Pay Acts of 1963 and 2011 (requires employers pay men and women equally for same work)

35. Laws ending sweatshops in the US

